



Advanced
500-hour
Yoga Teacher Training
at Yoga Sutra
501 Fifth Avenue, 2nd Floor
New York, NY 10017



Tel: (212) 490-1443 ♦ Email: info@yogasutranyc.com ♦ www.yogasutranyc.com

500 Hour Level Teacher Training Course Application (Advanced 300 Hour Training – 200 Hour Certification required)

Application Requirements:

1. Complete and submit application and essays (see below)
2. Remit \$500 application fee and deposit
3. Schedule interview with registrar, Megan Alexander (megan@yogasutranyc.com)
4. Participate in Integration Course (if applicable)

Note: essays, application, and fee must be submitted to Megan Alexander

Name _____ Age _____ Sex (M/F) _____
 Address _____ Email _____
 City/State _____ Zip Code _____
 Home Telephone _____ Mobile _____
 Occupation _____

I completed my 200 hour teacher training:

Name of school: _____
 When: _____
 Address of school: _____
 Telephone of school: _____
 Email of school: _____
 Website of school: _____

I have taught yoga since completion of 200 hour certificate: YES NO

Please list where you have taught (attach extra sheet if necessary):

Name of center: Since when: Classes per week/month:



Advanced
500-hour
Yoga Teacher Training
at Yoga Sutra
501 Fifth Avenue, 2nd Floor
New York, NY 10017



Tel: (212) 490-1443 ♦ Email: info@yogasutranyc.com ♦ www.yogasutranyc.com

Do you teach privately? YES NO
If yes, how many students per week?

What was your yoga background before your 200 hour teacher training:

What has been your training/continuing education since you finished your 200 hour training?

Where do you practice?

What do you practice?

What is your educational background?



**Advanced
500-hour
Yoga Teacher Training
at Yoga Sutra
501 Fifth Avenue, 2nd Floor
New York, NY 10017**



Tel: (212) 490-1443 ♦ Email: info@yogasutranyc.com ♦ www.yogasutranyc.com

Do you have any illnesses or injuries?

Are you on any medications?

Emergency Contact Information:

Name: _____

Address: _____

Telephone: _____

Cell Phone: _____

Email: _____

Teacher Training Course Essays:

(Please prepare thoroughly each of the following essays on separate sheets of paper (typed, double spaced, about one page per essay)

1. What made you decide to sign up for this course of advanced yogic studies?
2. What do you hope to accomplish during this course?
3. What do you plan to do with this training once you are finished?
4. Please describe a situation where you have used the tools of yoga 'off the mat' /in your life.