



Advanced 500-hour Teacher Training at Yoga Sutra



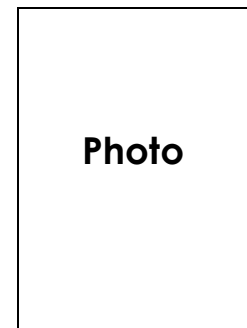
501 Fifth Avenue, 2nd Floor
New York, NY 10017

Tel: (212) 490-1443 ♦ Email: info@yogasutranyc.com □ www.yogasutranyc.com

500 Hour Level Teacher Training Course Application (Advanced 300 Hour Training – 200 Hour Certification required)

Application Requirements:

1. Complete and submit application and essays (see below)
2. Remit \$500 application fee and deposit
3. Schedule interview with director, by contacting Guta Hedewig: gutadance@cs.com
4. Integration Workshop (see last page)



Note: essays, application, and fee should be submitted to Lisa Bridge

Name _____ Age _____ Sex (M/F) _____
 Address _____ Email _____
 City/State _____ Zip Code _____
 Home Telephone _____ Mobile _____
 Occupation _____

I completed my 200 hour teacher training:

Name of school: _____
 When: _____
 Address of school: _____
 Telephone of school: _____
 Email of school: _____
 Website of school: _____



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Where do you practice?

What do you practice?

What is your educational background?

Do you have any illnesses or injuries?

Are you on any medications?

Emergency Contact Information:

Name: _____

Address: _____

Telephone: _____

Cell Phone: _____

Email: _____



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Teacher Training Course Essays:

(Please prepare thoroughly each of the following essays on separate sheets of paper (typed, double spaced, about one page per essay)

1. What made you decide to sign up for this course of advanced yogic studies?
2. What do you hope to accomplish during this course?
3. What do you plan to do with this training once you are finished?
4. Please describe a situation where you have used the tools of yoga 'off the mat'/in your life.

Cost and Payment Information

Cost for graduates of Yoga Sutra 200 hour Teacher Training:

- **Very Early Registration:** pay in full by August 1, 2008: \$4,500 (10% off)
- **Early registration:** pay in full by October 4, 2008: \$4,750 (5% off)
- **After October 4:** (payment plan option): \$5,000

Cost for graduates of other 200 hour teacher trainings:

- **Very Early Registration:** pay in full by August 1, 2008: \$5,000 (10% off)
- **Early Registration:** pay in full by October 4, 2008: \$5,275 (5% off)
- **After October 4:** (payment plan option): \$5,550

Please note that the Integration Workshop (Sept. 6&7, 11:00AM – 8:00PM) is compulsory for graduates from 200 hour trainings of schools other than Yoga Sutra.

Cost for Integration Workshop: \$300 total

For students paying the entire tuition in advance, **ten complimentary classes per month of advance sign up** begin at the time of payment.

Note: Tuition payments are non-refundable